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COMMITMENT | COMMUNICATION | INNOVATION



ICN

Business School

• nancy | metz



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ICN Business School

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13, rue Michel Ney
CO 75
54037 NANCY cedex
France

www.icn-groupe.fr



Welcome to Nancy and to ICN !

Nancy, in the heart of Europe

As the historic capital of the Dukes of Lorraine, Nancy has a rich history. Stanislas Leczcynski (Stanislas I) established his court in Nancy and made it one of the most splendid cities in Europe. Today it is a dynamic cultural and business center. The city's administrative, industrial and high technology sectors have spearheaded growth within the entire Lorraine region. Nancy has three important universities, the University Henri Poincaré, the University of Nancy 2 and the National Polytechnic Institute of Lorraine. With 50,000 students and 3,500 professors and researchers, the universities attract students and researchers from around

the world. European and international cooperation programs form an integral part of the life and academic programs at all three universities.

Situated in the center of town, ICN is the Business School of the city of Nancy and the University of Nancy II. It is a member of the prestigious French « Chapter of Schools of Management of the Conference of Grandes Ecoles » and a member of ECRICOME (a group of Business Schools which employ the same rigorous entrance examination standards). In 2007, ICN became an EQUIS accredited school. ICN is consistently ranked among the top Business Schools in France.



Nancy

Administrative steps

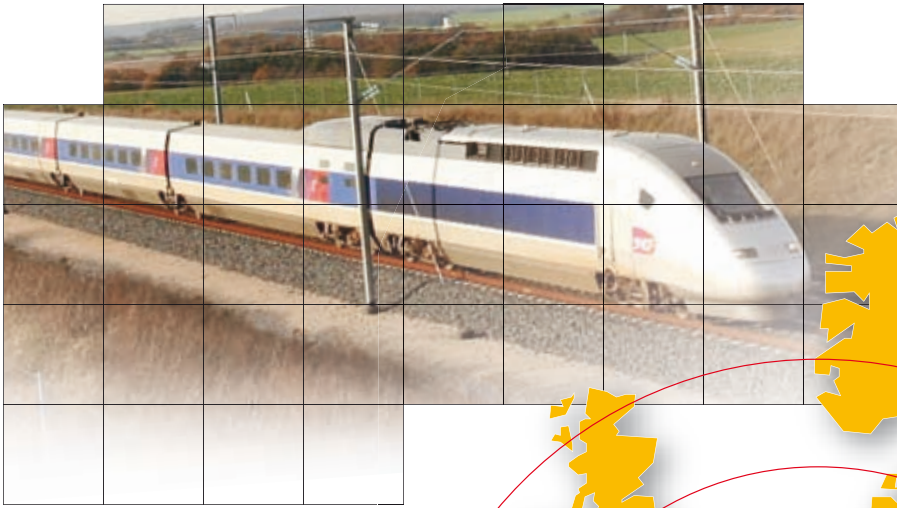
Housing

Culture and sports

Hotels and restaurants

Globe and Co

Useful addresses



NANCY IS SITUATED

- > 150 km from Luxembourg
- > 100 km from Germany
- > 150 km from Strasbourg
- > 300 km from Brussels

HOW TO GET THERE ?

■ BY PLANE

Regional airport

of Metz-Nancy Lorraine

Route de Vigny - 57420 GOIN

Tel.: +33 (0)387567000

Fax: +33 (0)387567054

<http://www.metz-nancy-lorraine.aeroport.fr/>

The airport is 45 kilometers north of Nancy and is accessible by the A31 autoroute (highway). Buses and taxis connect the airport to the center of Nancy. Principal air connections are to: Lyon, Marseille, Toulouse, Nice, Amsterdam, Milan, Venise, Alger and Prague.

■ BY TRAIN

Nancy Train Station

3, place Thiers

Tel: 3635 inside of France

+33 (0)892353535

outside of France

Everyday from 6:30 AM to 9 PM

<http://www.voyages-sncf.com>

Trains to Paris take 1 hour and

30 minutes.

Trains to Strasbourg take 1 hour and 30 minutes, and you can get to Dijon in 2 hours and 15 minutes.

Train station Lorraine TGV

Route départementale 910

57420 Louvigny

Tél.: +33 (0) 3635

<http://www.voyages-sncf.com>

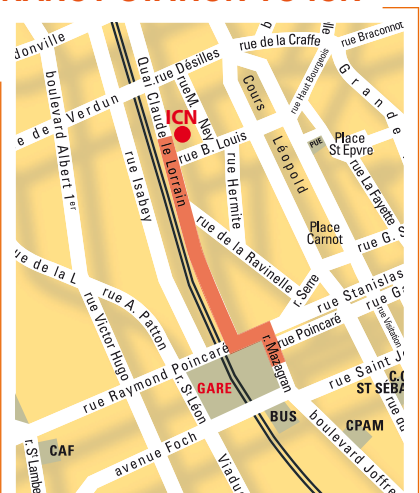
Direct train from Charles de Gaulle airport to Gare Lorraine TGV: 1 hour and 15 minutes. Shuttle to Nancy (4,20 €, 35 minutes).

The station is in the center of the city, a short 5 minute walk from Stanislas Square.

■ BY CAR

Three highways, A4, A5 and A31 lead to Paris, Calais, Strasbourg, Sarrbrücken and Frankfurt to Nancy. The A31 connects Nancy to Lille (via Brussels), Luxembourg, Brussels and Dijon.

NANCY STATION TO ICN



From the station: take the "Place Thiers" exit. Take the Rue Piroux (the Park Inn hotel is at your right).

Turn left on the Rue Raymond Poincaré, then turn right (before the bridge) onto Quai Claude le Lorrain and continue along the Quai until you reach ICN.



Health insurance

Every student in France, whatever their nationality, must have health and accident insurance. You can obtain this at the CPAM (Caisse Primaire d'Assurance Maladie or Sécurité Sociale, at 9 Blvd. Joffre in Nancy, Tel: 0820904184). You will need to show proof of health insurance coverage to obtain your identity card, residence permit and other documents. Enrollment in the French student insurance system will allow you to be reimbursed for up to 70 % of medical costs. We recommend that you also purchase additional insurance called a student « mutuelle » which will provide more coverage. This insurance can easily be obtained in Nancy. The two health insurance providers are MGEL (mgel.fr) and LMDE (lmde.com).

1 - IF YOU COME FROM A EUROPEAN COMMUNITY COUNTRY

Health insurance can be obtained in your home country before coming to France. You will need to get your European Health card from the Health Insurance Agency in your home country. It will exempt you from having to register for French health insurance while at the same time providing identical coverage.

If your insurance at home is from a private company, you should obtain a certificate of insurance from them. The CPAM in France will then decide if the coverage exempts you from having to register for French health insurance. If it does not, you will have to get French insurance, which costs approximately 200 € per year.

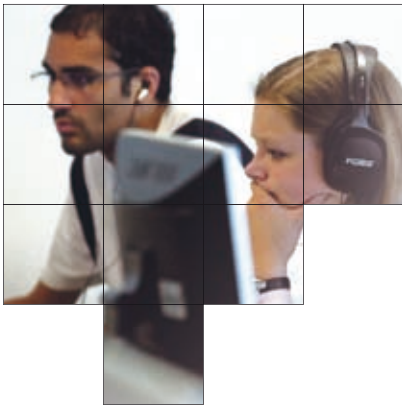
2 - IF YOU COME FROM A NON – EUROPEAN COMMUNITY MEMBER COUNTRY

You will have to obtain French student insurance (approximately 200 €). You can obtain insurance here at ICN when you register for your student card. Students from the Province of Quebec Canada should obtain the SE401-Q106 form from the Ministry of Foreign Affairs in Quebec before coming to France. This form will exempt you from having to pay for French student insurance.

3 - IF YOU ARE OVER 28 YEARS OF AGE

You will not be able to obtain French student insurance. However, we recommend that you contact the CPAM. They may be able to provide a type of medical coverage called Couverture Médicale Universelle (CMU).

We recommend that you purchase an additional insurance called a student « mutuelle » which will provide more coverage.



Visa process and residence permit

If you are a citizen of a non – European Community Country (even if you presently reside in a European Community country), you will need to obtain a long-term student visa before coming to France. A request is to be made at the Consulate in your country of origin for a “Visa de Long Séjour – Demande d’attestation OFII”. The Consulate will stamp this official document (upon arrival in France please bring this document to the International Relations Office).

DOCUMENTS THAT WILL NEED TO BE HANDED INTO THE INTERNATIONAL RELATIONS OFFICE UPON ARRIVAL

- Photocopy of your passport (pages with photo, personal information, visa and stamp showing date of entry into France)
- ID, visa, stamp showing date of entry into France
- Form given to you by the Consulate or Embassy “Demande d’attestation OFII”.

The International Relations Office will send your completed file to the OFII in Metz. You will then receive a convocation letter to a medical visit.*

ICN Business School adheres to the CEF (Centre pour les Etudes en France) convention. Students coming from Algeria, Argentina, Benin, Brazil, Cameroon, Canada, Chile, China, Columbia, Congo-Brazzaville, Gabon,

Guinea, India, Ivory Coast, Japan, Korea, Lebanon Republic, Madagascar, Mali, Mauritius, Mexico, Morocco, Russia, Senegal, Syria, Taiwan, Thailand, Tunisia, Turkey, the United States and Vietnam must follow CEF process in order to obtain their visa. To do so, please visit their website: www.campusfrance.org.

Students who do not respect the CEF registration process will not receive a visa from the Consulate.

Make sure you bring the document «Visa Long Séjour – Demande d’attestation OFII» to France and to the International Relations Office upon your arrival.

PRES de l’Université de Lorraine

34, cours Léopold - 54052 Nancy cedex

Tél.: +33 (0)3 54 50 54 00 - Fax: +33 (0)3 54 50 54 17

E-mail : guichet-etudiants@nancy-universite.fr

Hours from Monday to Friday: from 8:30 am to 12:30 pm and from 1:30 to 5 pm

<http://www.nancy-universite.fr>

Medical exam

Along with the convocation letter informing you of your medical appointment, you will receive another document for which you will have to purchase a « timbre fiscal » (coupon) at a « tabac » store for around 55 € (must be marked OMI). You will need this once you are notified that your resident card is ready to be picked up.



Housing

ICN Business School does not own any residence halls, but below is a brief description of residences that are chosen by many of ICN's international students. It is not an exhaustive list and we strongly advise you to do some online research before making your choice of accommodation.

There are 4 main housing categories:

- **A furnished studio in a private student residence hall (Totem or Pythagore),**
- **A furnished studio in a private residence (Les Estudines, Appart' City Cap Affaires),**
- **A furnished room in a state-owned university residence (CROUS),**
- **Private housing (apartment, roommates).**

Both the International Office and the student association Globe and Co. (globeandco@gmail.com) are available to advise and help you in your accommodation search.



Résidence le Totem
122, quai Claude Le Lorrain
54000 Nancy
www.le-totem.com



Résidence le Pythagore
32, rue de Metz
54000 Nancy
ariane.immo@wanadoo.fr
ariane-immo.fr

A furnished studio in a private student residence hall

> Totem or Pythagore Residence Halls

1 - DESCRIPTION

The Totem offers individual studios fully - equipped with a kitchenette (sink, electric heating plates, refrigerator and a cupboard), a bathroom with WC, a bed (no mattress is provided, except for foreign students), a table and 2 armchairs. You must not forget to bring all personal linen (sheets, towels...) and your dishware. The residence has a garage and a storage space for bicycles. You can also rent either an underground or a ground level parking place.

The Pythagore offers studios that are also fully - equipped with a kitchenette (2 electric heating plates, microwave oven, refrigerator, cupboard, extractor hood and set of shelves), a bathroom (bath with shower curtain, washbasin), a bed, a table, 2 chairs, a desk and a wardrobe.

Both of these private residences are very close to ICN (a 5 minute walk). Globe and Co. will be happy to help you sort out all your problems. Don't hesitate to go and see them if you need help or advice about equipping your apartment.

2 - HOUSING CONTRACT

Once you have completed and returned your accommodation application form for the Totem or Pythagore residence, they will send you an acceptance letter if your application has been accepted. This letter may be necessary in order to obtain an exit or entry visa. They will then send you three copies of the leasing agreement which you should complete and return to ICN duly signed.

The leasing contracts are drawn up on the basis of a traditional leasing arrangement, which student occupants can cancel ONLY upon 3 months notice.

For example, if you wish to leave your apartment/studio on June 15th, you must send a letter indicating your intention to cancel your leasing contract dated no later than March 15th (please come to the International Relations Office to have a sample of a resiliation letter).

3 - RESIDENCE HALL PRICES

The monthly rental fee for the Totem residence is on average approximately 380 €, and for the Pythagore residence, they vary between 348 € for a studio to 425 € for a duplex apartment.

Keep in mind that residences ask for the payment of a guarantee corresponding to a security deposit which will be reimbursed to you at the end of the contract if there is no damage to the property. Certain residences also ask for a non-reimbursable agency fee for administrative purposes. You should also take out a comprehensive 'multi risk' property and contents insurance policy (in case of theft, fire, accident, etc.) with a French company (insurance company, bank or MGEL, student's insurance agency). If, during your stay, you would like to have a bank account with the French Bank 'BNP', this insurance policy will be offered to you free of charge. Again, Globe and Co. will help you with this.

Renting a studio in France entitles you to a financial grant, called 'Aide Personnalisée au Logement' (see the section on 'Financial Assistance' section).

4 - STUDIO INVENTORY AND DAMAGE INSPECTION

An inventory and damage inspection of the studio will be carried out upon your arrival and again when you leave. You should thus plan your arrival for a weekday (Monday to Friday); and before 6 PM. You should advise the rental office in advance of your intended departure.

The studio inventory and damage inspections are required. Students who do not respect this rule will risk losing their security deposits. Make sure you clean your studio before this inspection otherwise you will be charged for cleaning (this will be taken out of your deposit).

IMPORTANT

In order to get the keys to your studio, you will need three things: a completed application form, a check for the security deposit, and proof of insurance.

A furnished studio with utilities included in a private residence

> Les Estudines

1 - DESCRIPTION

This group owns several properties in Nancy:

- a residence downtown, Les Estudines Saint-Dizier
- two other residences a few minutes from la Place Stanislas near the tramway: Residence Stanislas and Residence Nancy – Lorraine (residhome).

These residences offer fully-equipped studios (kitchen, living room, TV, bathroom, dishware, linens, ...). A variety of services are offered depending on the residence (breakfast, housekeeping, ...).

2 - FINANCIAL CONDITIONS

The amount of the rent varies according to the residence, the type of housing and the duration of the stay.

In Les Estudines, the contract goes from August to July, with a required one month notice.

> Cap Affaires

1 - DESCRIPTION

In a new developing neighborhood just a few minutes from la Place Stanislas and the heart of downtown thanks to a nearby tram stop, this residence offers fully-equipped furnished apartments (kitchen, living room, TV, bathroom, dishware, linens, etc). A variety of services are offered depending on the residence (breakfast, housekeeping, ...).

2 - FINANCIAL CONDITIONS

The amount of rent varies according to the type of housing and the duration of the contract.

Lease Cancellation: 1 month written notice must be given. The duration of the stay can be less than 6 months; the contract is more flexible. For example it can be for just one semester.

Case file fees 115 €



For information or reservations please call
33 (0)3 83 33 85 00
Or email them at:
nancy@appartcity.com
www.appartcity.com
Check out the rest of their residences at:
www.appartcity.com

A furnished room in a state-owned university residence

1 - DESCRIPTION

The University residences in Nancy are managed by the CROUS (Centre Régional des Œuvres Universitaires et Sociales). The traditional residences offer only single occupant furnished rooms, each measuring 9 square meters. You will need to bring your own bed and bath linens, including towels and sheets. The bathrooms (toilets) and kitchens are for shared use and are located outside your room on the same floor*. Cooking in your room is forbidden. The University Restaurants offer full, modest priced meals at lunch and dinner (meals are approximately 2.90 € each). Meal tickets can be purchased at the restaurants. Nancy has several university residences which are located in various parts of the city. Although ICN requests that its students be assigned to either Monbois or Boudonville**, (the two residences located closest to ICN), the decision is made by the CROUS and not by ICN. Therefore, we can not guarantee that you will be in a residence close to the Business School.

* It is recommended that students who would like additional privacy (personal bathroom and kitchen) select a private student residence rather than CROUS.

** This location has not been renovated. Students who would like to be placed in more modern accommodations are advised to choose another CROUS location.

2 - TYPE OF CONTRACT

The contract is normally drawn up for a period of 9 months (usually from September to June). As soon as the contract is signed, students must stay in the residence and the contract can not be cancelled. **However, students who will stay in Nancy for only one semester are still eligible for CROUS housing.**

It is important to inform the CROUS so that a special contract can be drawn up. The rent for a university student's room varies between 135 € and 250 € per month.

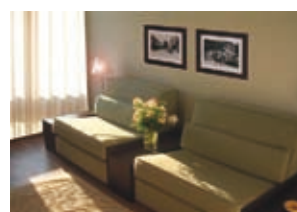
Upon arrival in Nancy, you must pay a guarantee (security deposit) amounting to between 150 € and 230 €, depending on the type of room.

This deposit will be returned to you at the end of your stay after your apartment has been inspected for damage and after any other sums due to the CROUS have been paid.

You should also take out a comprehensive 'multi risk' property and contents insurance policy (in case of theft, fire, accident, etc.) with a French company (insurance company, bank, or the student's insurance agency MGEL). You should expect to pay between 17 and 39 € per year for this insurance. You can apply for a housing allowance (see next chapter).

3 - ROOM INVENTORY AND DAMAGE INSPECTION

Each apartment/room/studio will undergo an inventory and damage inspection upon your arrival and once again when you leave. The offices at the university residences are open only during certain hours and room keys can only be obtained during these times. The move-in and move-out inventory to evaluate the condition of each property is mandatory. Students who do not respect this rule will risk losing their security deposits.



Residhome
www.residhome.com



Les Estudines
www.estudines.com

Housing

Private housing

There is the possibility of renting apartments either with roommates or via private individuals. This area of real estate may be difficult to access from abroad. Nevertheless, you can consult offers and advertisements via the websites below:

Housing advertisements

L'EST RÉPUBLICAIN

<http://www.estrepublikain.fr>

LA MUTUELLE DES ÉTUDIANTS (LMDE)

<http://www.lmde.com>

MGEL Centre Ville

<http://www.mgel.fr/logement/offres/>

PARU VENDU

<http://www.bonjour.fr>

PÔLE UNIVERSITAIRE EUROPÉEN DE LORRAINE

<http://www.europole.u-nancy.fr>

Offers for roommates

<http://www.annonces-colocation.fr/Nancy/Colocation-Nancy.htm>

You can also visit the following web site

www.toutnancy.com.

CROUS

Service AGEE

(Accueil et Gestion des Étudiants Étrangers)

75, rue de Laxou

54000 Nancy

Tél : +33 (0)383918829

et +33 (0)383918823

E-mail:

agee_nancy@crous-nancy-metz.fr

www.crous-nancy-metz.fr

Office hours:

Monday - Friday

9 AM - 12 PM

and 1:30 PM - 5 PM

The request for housing is done online

on the CROUS website

www.crous-nancy-metz.fr/crous/sites/crous/accueil/international/accomodation

registration procedure:
dse.orion.education.fr/depot/



Financial housing assistance and taxes

FOREIGN STUDENTS RECEPTION CENTER

PRES de l'Université de Lorraine

34, cours Léopold
54052 Nancy cedex
Tél : +33 (0) 3 54 50 54 00
Fax : +33 (0) 3 54 50 54 17
E-mail :
guichet-etudiants@nancy-universite.fr

Hours:

From 9 AM to 6 PM Monday through Thursday and 9 AM to 5 PM on Friday.

<http://www.nancy-universite.fr>

FINANCIAL ASSISTANCE

Any foreign student who has a **European nationality or a French Long Stay Visa** has the right to apply for government housing assistance. In order to qualify, you need to meet certain requirements.

This type of financial assistance is coordinated and distributed by the CAF (Caisse d'Allocations Familiales). You should apply promptly upon arrival.

This type of financial assistance takes at least one month to obtain after receiving your residence permit. You will thus have to pay for at least the entire first month's rent by yourself. It is important to apply for financial housing assistance as soon as possible after arrival in Nancy (the student association Globe and Co will help you with this procedure).

Keep in mind that if you should leave your apartment on the 15th of a given month, the financial housing assistance will not apply for that month's rent. The people at the information stand at the Pôle Universitaire Européen de Nancy (European Studies Center) can help answer your questions about financial housing assistance and help you fill out the necessary forms. Globe and Co. can also assist you with this.

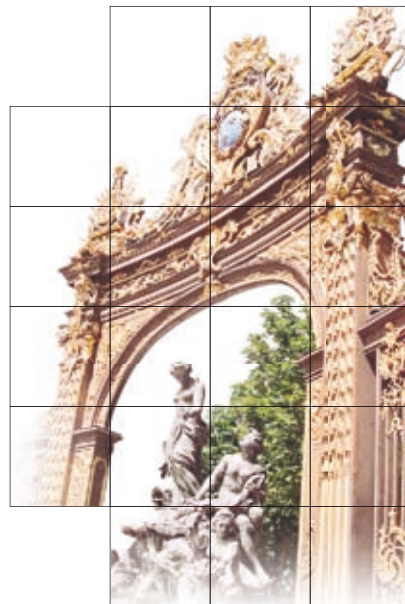
HOUSING TAX

French fiscal law declares that any person residing in France as of January 1st is responsible for housing tax (rates estimated to be approximately a month and half of rent). Payment of this tax is required by the French government a few months after your departure.



Culture and sports

Nancy's cultural life



The former city of the Dukes of Lorraine, Nancy is located at the crossroads of Europe. For centuries it was a center for artists and architects. Their unique contributions give the city a distinctive flair.

THE FAMOUS SQUARES AND MONUMENTS OF NANCY

The city is particularly famous for its squares and historic monuments:

- > la Place Stanislas (this internationally renowned square was built by Stanislas Leszczynski, one of the Dukes of Lorraine. It is famous for its beautiful gilded ironwork)
- > la Place Carrière (it stretches from the Héré Gate to the Government Palace)
- > l'Hôtel de Ville (City Hall) (Stanislas Square)
- > la Porte Héré (this large stone gate separates Stanislas Square from Carrière Square)
- > le Palais du Gouvernement (an exquisite building which dominates one end of Carrière Square)
- > le Palais Ducal (the palace is located within the confines of the medieval city or old town).
- > la Porte de la Craffe (at one end of the Grande Rue in the old town, this imposing fortress once protected the city)
- > religious monuments: Nancy has 6 famous churches: Basilique Saint-Epvre, Église des Cordeliers, Cathédrale, Église Notre-Dame-de-Bonsecours, Église Saint-Pierre, and Église Saint-Sébastien.

MUSEUMS

For those who appreciate art and art history, Nancy has 3 museums, each dedicated to a different aspect of the city's cultural heritage. Located in different parts of the city, the museums have distinctive architectural styles:

- > **the Museum of Lorraine** is located within the Palace of the Dukes of Lorraine in the medieval city. Visitors can retrace the history of the region from prehistoric to modern times
- > **the Fine Arts Museum** is housed in one of the splendid 18th century pavilions surrounding Stanislas Square. It contains a magnificent collection of paintings, sculptures and artwork as well as an exceptional collection of crystal by Daum
- > **the Museum of the School of Nancy** can be found in a late 19th century Chateau. It is dedicated to « Art Nouveau », the decorative style of art, which flourished in Nancy at the turn of the 20th century.

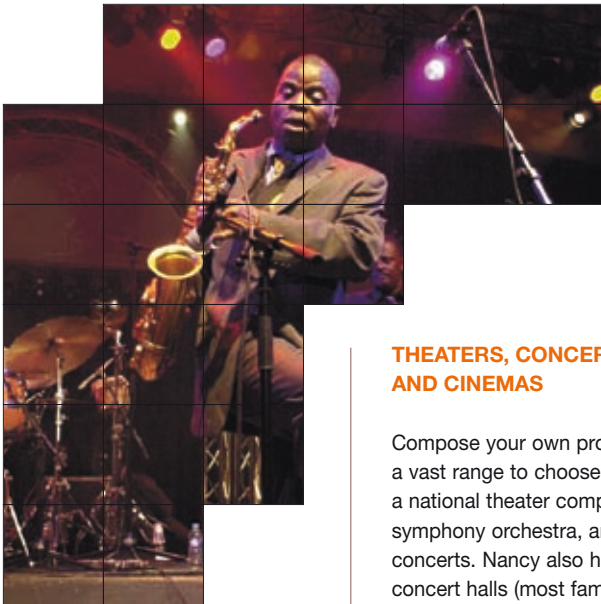
For those of you who love nature or for those who are interested in the mining and steel industries (which were the traditional industries of Nancy), the following museums will certainly interest you:

- > **the tropical aquarium** of Nancy has more than 10,000 specimens, some of which represent endangered species. In addition to tropical fish and marine animals, the aquarium contains a natural history museum
- > **iron Museum** has exhibits on the history of iron and ironwork as well as techniques for making iron.

PARKS AND GARDENS

Nancy has many parks and public gardens. The most famous of these is « La Pépinière ». This 23 hectare park contains both a rose and an English garden as well as a zoo. It is located in the city center, not far from Place Stanislas.





THEATERS, CONCERTS AND CINEMAS

Compose your own programs as there is a vast range to choose from: an opera, a national theater company, a ballet, a symphony orchestra, and jazz and rock concerts. Nancy also has many theaters, concert halls (most famous of which is the Zenith Hall), convention centers and cinemas.

Throughout the year, cultural events are organized by the city or by private associations related to the arts:

- > Passion theater
- > The Festival of Saint-Nicolas
- > Nancy Jazz Pulsations
- > The International Choral Singing Festival
- > The Music of Lorraine
- > Springtime and Poetry
- > Heritage Festivals

For further information, contact the Tourism Office.



LIBRARIES

At ICN, you will find the Regional Documentation and Research Center.

The center includes a business library and a study hall. You may also use the libraries at the Economics and Law Faculties. Students can also expand their research by using the public libraries of the city of Nancy. The most important are:

- > the media center (médiathèque), located at 10 rue Baron Louis, next door to ICN
- > the municipal library (43 rue Stanislas)



Sports

The Service Inter Universitaire des Activités Physiques et Sportives (SIUAP) is the sports service for all students in Nancy. It is located at 1 bis boulevard Albert 1^{er} in Nancy (less than a 5-minute walk from ICN). You can contact the association at: www.siuap.u-nancy.fr You can practice any of 55 different sports. Among them are: aikido,

badminton, basketball, body-building, climbing, dancing, fencing, golfing, kayaking, skiing, sky-diving, swimming, tennis, table tennis, ...

ICN's Sport Association (BDS-Bureau des Sports) will assist you with all administrative steps and will also help you join any of the school's sporting teams if you wish.

The sport halls are situated at several locations in Nancy:

ICN's Sport Association (BDS-Bureau des Sports) will assist you with all administrative processes and will also help you join any of the school's sport teams if you wish.

■ **Center of Nancy**
Gymnase A. Lefebvre
 (multi-purpose gymnasium, dancing, fighting and fencing halls)
 Boulevard Albert 1^{er}

■ **Vandœuvre**
Aiguillettes Sports Complex

■ **Brabois**
New Sports Hall

Swimming pool and gymnasium
 Rue de Verdun
 3 mn from ICN

Open until 10:30 PM
 For additional information, don't hesitate to call the Sports Office at ICN.

Hotels

If you prefer to come to Nancy and then look for somewhere to stay, or if your family and friends come to visit, Nancy offers a wide choice of hotels. Some of the cheaper hotels are located just outside of town and are usually more easily accessible by car.

The following is a partial list of hotels in the city center.

HÔTELS

FEES

Grand Hôtel de la Reine

2, place Stanislas - 54000 NANCY
Tel.: +33 (0)3 83 35 03 01
Fax: +33 (0)3 83 32 86 04
<http://www.hoteldelareine.com>

*Between 125 and 320 €
Breakfast 16 €
Pet supplement 15 €*



Hôtel D'Haussonville

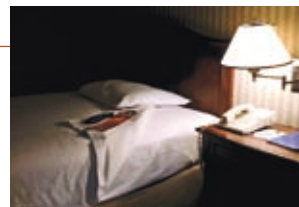
9, rue Monseigneur Trouillet - 54000 NANCY
Tel.: +33 (0)3 83 35 85 84
Fax: +33 (0)3 83 32 78 96
<http://www.hotel-haussonville.fr>

*Between 140 and 230 €
Breakfast 16 €
Tourist tax 0,90 €*

Crystal Hôtel

5, rue Chanzy - 54000 NANCY
Tel.: +33 (0)3 83 17 54 00
Fax: +33 (0)3 83 17 54 30
<http://www.bestwestern-hotel-crystal.com>

*Between 97 and 173 €
Breakfast 11,50 €
Parking 11,50 € / night
Pet supplement 8 €
Tourist tax 0,70 €*



Mercure Centre Stanislas

5, rue des Carmes - 54000 NANCY
Tel.: +33 (0)3 83 30 92 60
Fax: +33 (0)3 83 30 92 92
<http://www.accorhotels.com>

*Between 89 and 130 €
Breakfast 16 €
Parking 10,50 € / night
Tourist tax 0,70 €*

All Seasons

3, rue de l'Armée Patton - 54000 NANCY
Tel.: +33 (0)3 83 40 31 24
Fax: +33 (0)3 83 28 47 78
<http://www.all-seasons-hotels.com>

*Room with breakfast from 88 €
depending on the season
Private parking 6,30 € / night
Tourist tax 0,60 €*

Akena

41, rue Raymond Poincaré - 54000 NANCY
Tel.: +33 (0)3 83 28 02 13
Fax: +33 (0)3 83 90 00 45
<http://www.hotel-akenanancy.com>

*Economical:
44 € (2 € less on the weekend)
46 € in March, April, May, June, September
and October (2 € less on the weekend)
Prestigious:
54 € (2 € less on the weekend)
56 € in March, April, May, June, September
and October (2 € less on the weekend)
Parking free, breakfast 7 €
Tourist tax 0,20 €, pet supp. 5 €*

Ibis Centre gare

3, rue Crampel - 54000 NANCY
Tel.: +33 (0)3 83 32 90 16
Fax: +33 (0)3 83 32 08 77
<http://www.ibishotel.com>

*From 56 €
Breakfast 8 €,
Tourist tax 0,60 €
Parking 7 €,
Pet supplement 5 €*

Académie

7, rue des Michottes - 54000 NANCY
Tel.: +33 (0)3 83 35 52 31
Fax: +33 (0)3 83 32 55 78
<http://www.academie-hotel.com>

*Between 20 and 36 €
Breakfast 5 €
Tourist tax 0,30 €
Pet supplement 4 €*

Park Inn

11, rue Raymond Poincaré - 54000 NANCY
Tel.: +33 (0)3 83 39 75 75
Fax: +33 (0)3 83 32 78 17
<http://www.nancy.parkinn.fr>

Between 89 and 134 €



Restaurants



Would you like to sample the gastronomic specialities of the Lorraine region or perhaps try other exotic foods?

In Nancy, you can find all kinds of restaurants from the local Alsace and Lorraine dishes to North African, American, Mexican, East Asian, Indian, Greek, Creole and Corsican dishes.

There are also many bakeries, pizzerias and specialized restaurants (for example crêpes) as well as bars and pubs. Nancy is blessed with a number of five-star restaurants.

The International Relations Office at ICN can provide you with a list of restaurants.

UNIVERSITY RESTAURANTS

Full meals are available for lunch and dinner for the modest price of 2.90 €.

There are 2 University restaurants within a 5 to 10 minute walk from ICN:

- > the restaurant at Cours Leopold (16 cours Leopold).

This is the restaurant where most ICN students go.

- > the restaurant at Monbois (Avenue of the Liberation)

This larger restaurant is close to the Liberal Arts Faculty.

For this price, you can get an appetizer, main dish, cheese and dessert. You can also go to the bar (a separate part of the restaurant) where you can eat for approximately 4 or 5 €).

These restaurants are only open on weekdays

from 11:30 AM to 1:30 PM (for lunch)
from 6:30 to 8:30 PM (for dinner)

On weekends and during school holidays, the schedules change for the University restaurants. To know which ones are open, check the CROUS website:

<http://www.crous-nancy-metz.fr/restauration/restauration.htm>

THE CAFETERIA AT ICN BUSINESS SCHOOL

For a quick meal without having to leave ICN, there is a cafeteria on the first floor. It is managed by the CROUS and offers a wide variety of bakery products, sandwiches and beverages at reasonable prices.

It is open from 7:30 AM to 5:00 PM from Monday to Thursday and from 7:30 AM to 3:30 PM on Friday.

There are also many bakeries and fast-food sandwich shops close to ICN

The Student Association « Globe and Co »



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Our association is made up of students from ICN Business School and our mission is to help you enjoy your stay in Nancy. Helping you discover France and French culture is also of prime importance to us.

WELCOME

As soon as you arrive, we will be there to answer all of your questions. Whether they are about practical life, administration or school life...we are always available. If you have any problems, please contact us !!!!

INTEGRATION

Attending a foreign university means meeting a lot of new people. In order to make your stay in France a rewarding one, we propose mentoring, a welcome drink, parties, and visits to interesting places. Your suggestions are always appreciated.

DISCUSSION

Of course we know that being away from home is sometimes hard and that is why we want to make you feel at home. If you ever feel homesick or need anything, you can come and talk to us. We are available 24 hours a day!

**All suggestions
are always
welcome !**

CONTACT US AT:
globeandco@gmail.com
Web site:
www.globeandco.org

Useful addresses

Office de Tourisme de Nancy

Place Stanislas - BP 810 - 54011 Nancy Cedex
Tel.: +33 (0)3 83 35 22 41 - Fax: +33 (0)3 83 35 90 10
E-mail: tourisme@ot-nancy.fr
www.ot-nancy.fr/

Tourism information about Nancy and the Lorraine region

PRES de l'Université de Lorraine

(Pôle de Recherche et d'Enseignement Supérieur)
34, cours Léopold - 54000 NANCY
Tel.: +33 (0)3 54 50 54 00 - Fax: +33 (0)3 54 50 54 01
E-mail: guichet-etudiants@nancy-universite.fr
www.nancy-universite.fr

The information center for students offers help to foreign students during the beginning of the academic year (end of August -> September): SNCF information office. During the rest of the year: for information, please contact them for an appointment.

CROUS (Centre Régional des Œuvres Universitaires et Scolaires)

75, rue de Laxou - 54000 NANCY
Tel.: +33 (0)3 83 91 88 00 - Fax: +33 (0)3 83 27 47 87
www.crous-nancy-metz.fr/

In charge of making student life (work and school) easier and better: housing, meals, allowances, ...
Service 'Accueil des étudiants étrangers', open from Monday to Friday: from 9 AM to 12 PM and from 1:30 PM to 5 PM.

MGEL (Mutuelle Générale des Étudiants de l'Est)

44, cours Léopold - 54000 NANCY
Tel.: +33 (0)3 83 30 03 00 - Fax: +33 (0)3 83 30 07 55
www.mgel.fr/

'Mutuelle étudiante': complementary medical insurance and practical help for students (job search, housing...)

La Mutuelle des étudiants

Mutuelles, unions de mutuelles
13, rue de la Ravinelle - 54000 NANCY
Tel.: +33 (0)825 000 601
www.lmde.com/

'Mutuelle étudiante': complementary medical insurance

CAF (Caisse d'Allocations Familiales)

21, rue Saint Lambert - 54000 NANCY
Tel.: +33 (0)820 255 410
www.54.caf.fr/

Organization for social welfare, housing assistance...
Open from Monday to Friday: from 8:30 AM to 4:30 PM

CPAM (Caisse Primaire d'Assurance Maladie)

9 bd Joffre - 54000 NANCY
Tel.: +33 (0)820 90 41 84
www.ameli.fr/

Social security
Open from Monday to Friday: from 8:30 AM to 4:30 PM

Crédit Lyonnais

51, rue de Metz - 54000 NANCY
Tel.: +33 (0)3 83 39 20 31 - Fax: +33 (0)3 83 39 20 38

Société Générale

28, cours Léopold - 54000 NANCY
Tel.: +33 (0)3 83 32 99 02 - Fax: +33 (0)3 83 37 44 37

Contact: Mrs Maryline MARCHAL, Youth Advisor
Ms Emeline DUCCELLIER, Director

BNP Paribas

58, rue St Jean - 54000 NANCY
Tel.: +33 (0)3 83 85 73 49 - Fax: +33 (0)3 83 85 74 28

ICN has an agreement with this bank in order to make opening a bank account easier.
Partner of Globe and Co.
Contact: Alexandre BERTOCCI
E-mail: alexandre.bertocci@bnpparibas.com